

Responsible Consumption

Islamic injunctions and traditions prohibit both 'Israf' (extravagance) and 'Tabdhir' (wastage) in every aspect of life, whether it be time, energy, food or money. **“Eat and drink and do not be extravagant. Surely, He does not like the extravagant.”** (Surah Al A'raf 7:31) Islamic guidelines therefore enjoin responsible consumption and contribute to a sustainable environment where wastage is seen as a disregard towards the blessings of Allah. **“Verily spendthrifts are brothers of the Shaytaan.”** (Surah Bani Israel 17:27)

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